

Sarah K. Davis, PhD, RCC

Victoria, BC | 778-557-3957 | sarah@sarahdavisconsulting.ca

Summary of Qualifications

- **Student success advocate** fueled by my knowledge and experience sharing effective learning strategies with postsecondary and graduate students, based on my doctoral research focusing on optimizing mental health and self-regulated learning at university.
- **Commitment to fostering and building relationships with students and colleagues** as well as supporting my own, students', and colleagues' lifelong learning in a diverse environment.
- **Expert in incorporating Universal Design for Learning principles** into course design and assignments, and optimizing use of course LMS to enable student learning (e.g., Moodle, D2L)
- **Emphasis on student learning outcomes by using current learner centered pedagogies**, including inquiry learning, self-regulated learning, and constructivist approaches, and incorporating student feedback throughout the course, focusing on positive student-teaching relationships, and having high standards for excellence in my courses.
- **Excellent communicator with colleagues and students** to demonstrate respect, collaboration, and clarity around expectations, departmental policies and procedures, and use of technology.

Education

- PhD in Educational Psychology and Leadership Studies, University of Victoria (2015-2020)
 - *Dissertation research topic: Mental health and self-regulated learning in postsecondary*
 - *Graduate Certificate in Teaching and Learning in Higher Education (June 2019)*
- Master of Arts: Counselling, Rehabilitation, and Student Development, University of Iowa
- Bachelor of Arts: English; Secondary English Education, University of Iowa

Selected Professional Experience

Term Instructor, Department of Psychology Camosun College

Aug. 2023 – Dec. 2023
Victoria, BC

- Currently teaching *PSYC 256 Introduction to Counselling*
 - Prioritize practical, skills-based application of theory and diverse content.
 - Facilitate student discussions of their experiences and knowledge of topics.

Sessional Instructor, Department of Educational Psychology University of Victoria

Jan. 2019 – present
Victoria, BC

- Currently teaching *ED-D 408 Promoting Prosocial Behaviour: Strategies and Management* to secondary and elementary teacher education students
 - Emphasize diversity, inclusion, and equity throughout the course by valuing storytelling and personal experiences.
 - Focus on evidence-based learning strategies and psychosocial development.
- Taught four sections of *ED-D 414: Group Processes* (twice in person, once hybrid, and once asynchronously), a prerequisite for the MA in Counselling at UVic
 - Structure small group meetings to provide experiential learning experiences.
 - Collaborate with colleagues on course design, textbook selection, and content.
 - Skilled in using Moodle and Brightspace LMS.
- Taught two sections of *Introduction to Educational Psychology* (ED-D 300 and ED-D 301: Learners and Learning Environments)
 - Designed the course for the department with a focus on student-centered approaches such as inquiry learning, choice, accessibility, and decolonizing practices.

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- Taught two sections of *ED-D 101: Learning Strategies for University Success* elective undergraduate course.
 - Delivered lectures to students weekly on a variety of Educational Psychology topics, such as self-regulation, motivation, emotion regulation, metacognition, and cognition.
 - Developed course material on mental health and learning; meet individually with students to address concerns.
 - Coordinated a team of six graduate student teaching assistants.

Registered Clinical Counsellor, Sole Proprietor

Sept. 2020 - present

How To Grad School, Co-Founder

Victoria, BC

- *Registered Clinical Counsellor*: Part-time private practice counsellor; draw from cognitive-behavioural and solution-focused approaches; address diverse topics in a collaborative approach with my clients, who are mostly high school and postsecondary students.
- *How to Grad School*: Deliver and develop workshops to graduate students drawing on evidence-based strategies from educational psychology; work one-on-one with postsecondary students on learning strategies; develop online programs for graduate students, write a blog about evidence-based learning strategies, co-host an advice podcast for grad students.

Research Assistant, Teaching Assistant, & Learning Strategist

Sept 2015 – Dec 2020

University of Victoria

Victoria, BC

- *Research Assistant*: Collaborated with my supervisor, Dr. Allyson Hadwin, and the graduate students on our research team; Delivered workshops on time management, self-regulated learning, mental health, motivation to graduate students and staff and faculty; Submitted conference proposals researching self-regulated learning, mental health, student engagement, and measurement to Canadian and international education and learning conferences (Sept 2015-Dec 2019)
- *Lab Instructor/Teaching Assistant*: Lab Instructor for 5 sections of ED-D 101 Learning Strategies for University Success undergraduate course; TA for 1 section of ED-D 562 Research Methods (2015-2018)
- *Learning Strategist*: Worked one-on-one with domestic and international university students on improving their study skills using self-regulated learning theory; Assisted students in improving their goal-setting, test-taking, metacognitive, and emotion regulation strategies (2016-2017)

Adjunct Faculty

Sept. 2013 - June 2015

Flathead Valley Community College

Troy, Montana, USA

- Taught 3 sections of Introduction to Psychology and 1 section of Interpersonal Relations & Communication to first generation college students.

Selected Professional Memberships

- Member, Exploring Decolonizing Possibilities in Educational Psychology Community of Inquiry (2022-present)
- Member, British Columbia Association of Clinical Counsellors (2020-present)
- Member, Canadian Society for the Study of Education, Canadian Association of Educational Psychologists (2015-2023)